

Baseline Concussion Form

Parent Notification

The Baseline Concussion Form will be used to build our Concussion Management Protocol and to help better manage sports concussions. Each student-athlete should meet with the Certified Athletic Trainer *prior* to beginning of the sports season to complete the baseline concussion form. The purpose of this is to gather baseline information which may be used to in the event an athlete has a suspected concussion. Having baseline or “pre-injury” information may help determine if the athlete has suffered a concussion and/or help track their recovery after a concussion. As a newer program it is very important to have this sort of information to better help care for our student-athletes.

The form is based off of the SCAT3 (Sideline Concussion Assessment Tool-3rd Edition.)* It will include a modified health history (including previous history of concussions, current medications, etc.), exercise and sleep patterns, a symptoms check list, and cognitive assessment based off the SCAT3 for cognitive orientation, immediate memory, concentration, delayed recall, and a modified balance test. Each student-athlete will meet individually with the school Athletic Trainer either during a lunch, non-core education class, or after school. The meeting should take no longer than 10 minutes. A sign-up sheet will be outside the Athletic Trainer’s Office for each student-athlete to reserve a time slot.

If you have any questions, please feel free to contact the Certified Athletic Trainer:

Tiffany Stapleton, ATC

t.stapleton@ppcsd.org

Tstapleton@orthoADC.com

Office: (518) 398-7181; x1122

Work Cell: (845) 475-6208

I have read the above form and will allow my child, _____, to complete the Baseline Concussion Form.

Parent/Guardian Name (please print) _____

Parent/Guardian Signature: _____ Date: _____

*McCroly P, et al. "Consensus Statement on Concussion in Sport: The 4th International Conference on Concussion in Sport, Zurich, November 2012." Journal of Athletic Training 48.4 (2013): 554-575.