



MIDDLE SCHOOL
FIELD HOCKEY CLINIC
FOR FUTURE BOMBERS!
LEARN THE SPORT

DATE: MAY 7,9,14,16,21

TIME: 2:30 – 3:30PM

COST: FREE!!!

**LOCATION: AFTER SCHOOL HIGH SCHOOL FIELDS
FIRST DAY MEET OUTSIDE MIDDLE SCHOOL GYMS!**

CLINIC IS OPEN TO ANY YOUNG LADIES IN GRADES 6, 7, 8. THE CLINIC WILL TEACH THE FUNDAMENTALS OF THE SPORT AS WELL AS HAVE GAMES. DRESS FOR PHYSICAL ACTIVITY! SHIN GUARDS AND A WATER BOTTLE ARE REQUIRED FOR THE CLINIC EACH DAY. STICKS, EYEWEAR, AND MOUTH GUARDS WILL BE PROVIDED. THE CLINIC IS FREE AND WILL BE COACHED BY PINE PLAINS VARSITY COACH DEBBIE BEAM AND ASSISTED BY SEVERAL HIGH SCHOOL VARSITY PLAYERS!

IF ATTENDING PLEASE EMAIL DTEAM@RHCS.D.ORG FOR THE CONTACT FORM TO BRING THE FIRST DAY. DEADLINE FOR REGISTRATION EMAIL IS MAY 6, 2019